SUNDAY VESPERS

Lent



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SUNDAY VESPERS - LENT

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| *All stand for the beginning of Vespers.*  Invitatory  *Make the Sign of the Cross (*  ) *with the Officiant as he intones:*  *Officiant: All:*        *(bow)*    *(upright*)      Antiphon 1  *All make the sign of the cross as Officiant begins.*  *Officiant: \* All:*        \*  Psalm 109  *Alternate verses Cantors and All*  *All sit.*  *Cantor: \* Cantors*    2. Donec ponam ini- **mí-**cos **tu**- os, \* scabéllum **pe**dum tu-**ó**-rum.  3. *(All)* Vírgam virtútis túæ emíttet Dómi**nus** ex **Si**on: \*  domináre in médio inimi**có**rum tu**ó**rum.  4. Técum principium in díe virtútis túæ in splendóri**bus**  san**ctó**rum: \*  ex útero ante luciférum **gé**nu**i** te.  5. Jurávit Dóminus, et non pæni**té**bit **é**um: \*  Tu es sacérdos in ætérnum secúndum órdi**nem**  Mel**chí**sedech.  6. Dóminus a **déx**tris **tú**is, \*  confrégit in díe íræ **sú**æ **ré**ges.  7. Judicábit in natiónibus, im**plé**bit ru**í**nas: \*  conquassábit cápita in **tér**ra mul**tó**rum.  8. De torrénte in **ví**a **bí**bet: \*  proptérea exal**tá**bit **cá**put.  9. *(bow)* Glória **Pá**tri, et **Fí**lio, \*  et Spi**rí**tui **Sán**cto.  10. *(sit upright)* Sícut érat in princípio, et **nunc**, et **sém**per, \*  et in sæcula sæcu**ló**rum. **A**men.  *All:*    Antiphon 2  *Cantors: \* All:*    \*  Psalm 110  *Alternate verses Cantors and All*  *Cantor: \* Cantors:*    2. *(All)* Mágna **ó**pera **Dómi**ni: \*  exquisita in ómnes voluntá*tes* **é**jus.  3. Conféssio et magnificéntia **ó**pus **é**jus: \*  et justítia éjus mánet in sæcu*lum* **sæ**culi.  4. Memóriam fécit mirabílium suórum, † miséricors et  mise**rá**tor **Dómi**nus: \*  éscam dédit timén*ti***bus** se.  5. Mémor érit in sæculum testa**mén**ti **sú**i: \*  virtútem opérum suórum annuntiábit pópu*lo* **sú**o:  6. Ut det íllis hæredi**tá**tem **génti**um: \*  opera mánuum éjus véritas et *ju***dí**cium.  7. Fidélia ómnia mandáta éjus: † confirmáta in **sæ**culum  **sæ**culi: \*  fácta in veritáte et æ*qui***tá**te.  8. Redemptiónem mísit **pó**pulo **sú**o: \*  mandávit in ætérnum testamén*tum* **sú**um.  9. *(bow head)* Sánctum et terríbile **nó**men **é**jus: \*  *(sit upright)* inítium sapiéntiæ tí*mor* **Dó**mini.  10. Intelléctus bonus ómnibus faci**én**tibus **é**um: \*  laudátio éjus mánet in sæcu*lum* **sæ**culi.  11. *(bow)* Glória **Pá**tri, et **Fíli**o, \*  et Spirítu*i* **Sán**cto.  12. *(sit upright)* Sícut érat in princípio, et **nunc**, et **sém**per, \*  et in sæcula sæculó*rum*. **A**men.  *All:*    Antiphon 3  *Cantors: \* All:*    \*  Psalm 111  *Alternate verses Cantors and All*  *Cantors: \* Cantors:*    *All:*      2. Pótens in térra érit *sémen* **é-** jus: \* generátio rectórum bene-    di - **cé-** tur.    3. *(Cantors)* Glória et divítiæ in *dómo* **é**jus: \*  et justítia éjus mánet in sæculum **sæ**culi.  4. *(All)* Exórtum est in ténebris *lúmen* **ré**ctis: \*  miséricors, et miserátor, et **jú**stus.  5. Jucúndus hómo qui miserétur et cómmodat, † dispónet  sermónes súos *in ju***dí**cio: \*  quia in ætérnum non commo**vé**bitur.  6. In memória ætérna *érit* **jú**stus: \*  ab auditióne mála non ti**mé**bit.  7. Parátum cor éjus speráre in Dómino, † confirmátum *est cor*  **é**jus: \*  non commovébitur dónec despíciat inimícos **sú**os.  8. Dispérsit, dédit paupéribus: † justítia éjus mánet in sæ*culum*  **sæ**culi: \*  córnu éjus exaltábitur in **gló**ria.  9. Peccátor vidébit, et irascétur, † déntibus súis frémet *et*  *ta***bé**scet: \*  desidérium peccatórum per**í**bit.  10. *(bow)* Glória Pá*tri*, *et* **Fí**lio, \*  et Spirítui **Sán**cto.  11. *(sit upright)* Sícut érat in princípio, et *nunc*, *et* **sém**per, \*  et in sæcula sæculórum. **A**men.  *All:*    Antiphon 4  *Cantors: \* All:*    \*  Psalm 112  *Alternate verses Cantors and All*  *Cantor: \* Cantors:*    2. *(bow) (All)* Sit nómen Dómini **be**ne**dí**ctum, \*  *(sit upright)* ex hoc nunc, et **ús**que in **sæ**culum.  3. A sólis órtu usque **ad** oc**cá**sum, \*  laudábile **nó**men **Dó**mini.  4. Excélsus super ómnes **gén**tes **Dó**minus, \*  et super cælos **gló**ria **é**jus.  5. Quis sicut Dóminus Déus nóster, qui in **ál**tis **há**bitat, \*  et humília respícit in cælo **et** in **tér**ra?  6. Súscitans a **tér**ra **ín**opem, \*  et de stércore **é**rigens **páu**perem:  7. Ut collócet éum **cum** prin**cí**pibus, \*  cum princípibus **pó**puli **sú**i.  8. Qui habitáre fácit stéri**lem** in **dó**mo, \*  mátrem fili**ó**rum læ**tán**tem.  9. *(bow)* Glória **Pá**tri, et **Fí**lio, \*  et Spi**rí**tui **Sán**cto.  10. *(sit upright)* Sícut érat in princípio, et **nunc**, et **sém**per, \*  et in sæcula sæcul**ó**rum. **A**men.  *All:*    Antiphon 5  *Cantors: \* All:*    \*  Psalm 113  *Alternate verses Cantors and All*  *Cantor: \* Cantors:*      *(All:)*    3. Máre *vídit*, *et* **fú**git: \*  Jordánis conversus est *re***trór**sum.  4. Móntes exsultavé*runt ut a***rí**etes, \*  et cólles sicut á*gni* **ó**vium.  5. Quid est tíbi ma*re quod fu***gí**sti? \*  et tu Jordánis, quia convérsus es *re***trór**sum?  6. Móntes exsultástis *sicut a***rí**etes, \*  et cólles sicut á*gni* **ó**vium?  7. A fácie Dómini *móta est* **tér**ra, \*  a fácie Dé*i* **Já**cob:  8. Qui convértit pétram in *stágna a***quá**rum: \*  et rúpem in fóntes *a***quá**rum.  *(Cantors:)*    9. Non nóbis, Dó - *mi-ne*, *non* **nó**-bis, \* sed nómini túo *da* **gló**ri-am:    10. *(All)* Super misericórdia túa et ve*ritáte* **tú**a: \*  nequándo dícant géntes: Ubi est Déus *e***ó**rum?  11. Déus autem *nóster in* **cæ**lo: \*  ómnia quæcúmque vólu*it*,**fé**cit.  12. Simulácra géntium ar*géntum et* **áu**rum, \*  ópera mánu*um* **hó**minum.  13. Os hábent, *et non lo***quén**tur: \*  óculos hábent, et non *vi***dé**bunt.  14. Aures há*bent*, *et non* **áu**dient: \*  náres hábent, et non o*do***rá**bunt.  15. Mánus hábent, et non palpábunt: † pédes hábent, et *non*  *ambu***lá**bunt: \*  non clamábunt in gúttu*re* **sú**o.  16. Símiles íllis fíant qui *fáciunt* **é**a: \*  et ómnes qui confídunt *in* **é**is.  17. Dómus Israel spe*rávit in* **Dó**mino: \*  adjútor eórum et protéctor *e***ó**rum est.  18. Dómus Aaron spe*rávit in* **Dó**mino: \*  adjútor eórum et protéctor *e***ó**rum est.  19. Qui tíment Dóminum spera*vérunt in* **Dó**mino: \*  adjútor eórum et protéctor *e***ó**rum est.  20. Dóminus mé*mor fúit* **nó**stri: \*  et benedí*xit* **nó**bis.  21. Benedíxit *dómui* **Is**rael: \*  benedíxit dómu*i* **A**aron.  22. Benedíxit ómnibus *qui tíment* **Dó**minum, \*  pusíllis cum *ma***jó**ribus.  23. Adjíciat *Dóminus* **sú**per vos: \*  super vos, et super fíli*os* **vé**stros.  24. Benedí*cti vos a* **Dó**mino, \*  qui fécit cælum *et* **tér**ram.  25. Cæ*lum cæli* **Dó**mino: \*  térram autem dédit fíli*is* **hó**minum.  26. Non mórtui lau*dábunt te* **Dó**mine: \*  neque ómnes qui descéndunt in *in***fér**num.  27. Sed nos qui vívimus, bene*dícimus* **Dó**mino, \*  ex hoc nunc et úsque *in* **sæ**culum.  28. *(bow)* Glória *Pátri*, *et* **Fí**lio, \*  et Spirítu*i* **Sán**cto.  29. *(sit upright)* Sícut érat in princípio, *et nunc*, *et* **sém**per, \*  et in sæcula sæculó*rum*. **A**men.  *All:*    *All Stand*  Litte chapter  First Sunday of Lent  *II Corinthians 6: 1 – 2*  *Officiant:*  Fratres: Hortámur vos, ne in vacuum grátiam Dei recipiátis. † Ait enim: Témpore accépto exaudívi te, \* et in die salútis adjúvi te.  *All:* **Deo grátias.**  Second Sunday of Lent  *I Thessalonians 4: 7*  *Officiant:*  Fratres: Rogámus vos, et obsecrámus in Dómino Jesu: † ut  quemádmodum accepístis a nobis quómodo vos opórteat ambuláre, et plácere Deo: \* sic et ambulétis, ut abundétis magis.  *All:* **Deo grátias.**  Third Sunday of Lent  *Ephesians 5: 1 – 2*  *Officiant:*  Fratres: Estóte imitatóres Dei, sicut fílii caríssimi: † et ambulate in dilectióne, sicut et Christus diléxit nos, et trádidit semetípsum pro nobis, \* oblatiónem et hóstiam Deo in odórem suavitátis.  *All:* **Deo grátias.**  Fourth Sunday of Lent  *Galatians 4: 22 – 24*  *Officiant:*  Fratres: Scríptum est quóniam Abraham duos fílios hábuit:  unum de ancílla, et unum de líbera: † sed qui de ancílla, secúndum carnem natus est: qui autem de líbera, per repromissiónem: \* quæ sunt per allegóriam dícta.  *All:* **Deo grátias.**  Hymn  *Audi, Benigne Conditor*  *Alternate verses Cantors and All*  *Verse 5: All*  *Cantors:*      *(All:)*    *(Cantors:)*    *(All:)*    *(Bow) (All:)*    *(stand upright)*    *Cantors:*    Angelis súis Déus mandávit de te.  *All:*    Ut custódiant te in ómnibus víis tú- is.  *Remain standing.*  Magnificat antiphon and Tone  ***Turn now to the Proper of the Sunday***  ***for the Magnificat Antiphon, the Magnificat, and the Collect.***  **First Sunday of Lent pg. 18**  **Second Sunday of Lent pg. 20**  **Third Sunday of Lent pg. 22**  **Fourth Sunday of Lent pg. 24**  --------------------  Conclusion  *Officiant:* Dóminus vobíscum.  *All:* **Et cum spíritu tuo.**  *Cantors:*      *All:*    *Officiant (in recto tono):* Fidélium ánimæ per misericórdiam Dei requiéscant in pace.  *All:* **Amen.**  Benediction of the Blessed Sacrament  *All kneel.*  *The Blessed Sacrament is taken out of the tabernacle and placed in the monstrance and exposed to the view of the people (Exposition).*  *All:*    *After a period of meditation and reflection the* Tantum ergo *is sung:*  *(upright)*))  *(bow)*    1    2.  *Officiant:* Panem de cælo præstitísti eis.  *All:* **Omne delectaméntum in se habéntem.**  *Officiant:* Orémus: Deus, qui nobis sub Sacraménto mirábili passiónis tuæ memóriam reliquísti: *†* tríbue, quaésumus, ita nos córporis et sánguinis tui sacra mystéria venerári; ut redemptiónis tuæ fructum in nobis júgiter sentiámus. Qui vivis et regnas in saécula sæculórum.  *All:* **Amen.**  *The celebrant will then bless all present with the Blessed Sacrament.*  *The celebrant descends the steps and while kneeling all recite* The Divine Praises.  The Divine Praises  Blessed be God.  Blessed be his Holy Name.  Blessed be Jesus Christ, true God and true Man.  Blessed be the Name of Jesus.  Blessed be his most Sacred Heart.  Blessed be his most Precious Blood.  Blessed be Jesus in the most holy Sacrament of the Altar.  Blessed be the Holy Spirit, the Paraclete.  Blessed be the great Mother of God, Mary most holy.  Blessed be her holy and Immaculate Conception.  Blessed be her glorious Assumption.  Blessed be the name of Mary, Virgin and Mother.  Blessed be St. Joseph, her most chaste spouse.  Blessed be God in his Angels and in his Saints.  Reposition  *Cantors: \* All:*    \*    *All stand and sing the Marian Antiphon -* Ave Regina Caelorum  Ave, Regina Caelorum  *3 February - Holy Week*  *Cantor: \*All:*      *Officiant*: Dignáre me laudáre te Virgo sa - crá - ta.  *All:* Da mihi virtútem contra hostes tu - os.  Collect  *Officiant:* Oremus.  Concéde, miséricors Deus, fragilitáti nostrae praesídium; ut, qui sanctae Dei Genetrícis memóriam ágimus; intercessiónis eius auxílio, a nostris iniquitátibus resurgámus. Per eúndem Christum Dóminum nostrum.  *All:* **Amen.**  *Officiant (recto tono):* Divínum auxílium máneat semper nobíscum.  *All:* **Amen***.*  Magnificats  First Sunday of Lent  Magnificat antiphon *Remain standing*  *Cantors: \* All:*    Magnificat  *Canticle of the Blessed Virgin - Luc. 1:46-55*  *Alternate verses Cantors and All*    *Cantor: \* Cantors:*  *Make the*  *sign of the cross.*    *All:*          2. Et exsultávit spí-ritus **mé**- us \* in Dé-o salu-*tá-ri* **mé**- o.  3. *(Cantors)* Quia respéxit humilitátem ancíllæ **sú**æ: \*  ecce enim ex hoc beátam me dícent ómnes gene*rati***ó**nes.  4. Quia fécit míhi mágna qui **pó**tens est: \*  *(bow)* et sánctum *nómen* **é**jus.  5. *(rise)* Et misericórdia éjus a progénie inpro**gé**nies \*  timén*tibus* **é**um.  6. Fécit poténtiam in bráchio **sú**o: \*  dispérsit supérbos ménte *córdis* **sú**i.    7. Depósuit poténtes de **sé**de, \*  Magnificat - First Sunday of Lent  et exal*távit* **hú**miles.   8. Esuriéntes implévit **bó**nis: \*  et dívites dimí*sit* *in***á**nes.  9. Suscépit Israel púerum **sú**um, \*  recordátus misericór*diæ* **sú**æ.  10. Sicut locútus est ad pátres **nó**stros, \*  Abraham et sémini é*jus in* **saé**cula.  11. *(bow)* Glória Pátri, et **Fí**lio, \*  et Spirí*tui* **Sán**cto.  12. *(rise)* Sícut érat in princípio, et nunc, et **sém**per, \*  et in sæcula sæcu*lórum.* **A**men.  *All:*    Collect *(Remain standing)*  *Officiant:*  Dóminus vobíscum.  *All:* **Et cum spíritu túo.**  *Officiant:*  Orémus.  Deus, qui Ecclésiam tuam ánnua Quadragesimáli observatióne  puríficas: † præsta famíliæ tuæ; ut quod a te obtinére abstinéndo nítitur, \* hoc bonis opéribus exsequátur. Per Dóminum nostrum Jesum Christum Fílium tuum: † Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: \* per ómnia sæcula sæculórum.  *All:* **Amen.**  *(Follow to Vespers conclusion pg 12)* |  |  | *O God, come to my assistance. Glory be to the Father, and to the Son, and to the Holy Spirit. As is was in the beginning, is now, and ever shall be, Amen. Alleluia*  ***Ant****. The Lord said to my Lord: \* Sit thou at my right hand.*  *Psalm 109*  *1. The Lord said to my Lord: Sit thou at my right hand:*    *2. Until I make thy enemies \* thy footstool.*  *3. The Lord will send forth the sceptre of thy power out of Sion: \* rule thou in the midst of thy enemies.*  *4. With thee is the principality in the day of thy strength: in the brightness of the saints: \* from the womb before the day star I begot thee.*  *5. The Lord hath sworn, and he will not repent: \* Thou art a priest for ever according to the order of Melchisedech.*  *6. The Lord at thy right hand \* hath broken kings in the day of his wrath.*  *7. He shall judge among nations, he shall fill ruins: \* he shall crush the heads in the land of many.*  *8. He shall drink of the torrent in the way: \* therefore shall he lift up the head.*  *Glory be to the Father, and to the Son, and to the Holy Spirit. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *The Lord said to my Lord: \* Sit thou at my right hand.*  ***Ant.*** *Great are the works of the Lord, \* sought out according to all his wills.*  *Psalm 110*  *1. I will praise thee, O Lord, with my whole heart; \* in the council of the just, and in the congregation.*  *2. Great are the works of the Lord: \* sought out according to all his wills.*  *3. His work is praise and magnificence: \* and his justice continueth for ever and ever.*  *4. He hath made a remembrance of his wonderful works, being a merciful and gracious Lord: \* he hath given food to them that fear him.*  *5. He will be mindful for ever of his covenant: \* he will shew forth to his people the power of his works.*  *6. That he may give them the inheritance of the Gentiles: \* the works of his hands are truth and judgment.*  *7. All his commandments are faithful: confirmed for ever and ever, \* made in truth and equity.*  *8. He hath sent redemption to his people: \* he hath commanded his covenant for ever.*  *9. Holy and terrible is his name: \* the fear of the Lord is the beginning of wisdom.*  *10. A good understanding to all that do it: \* his praise continueth for ever and ever.*  *Glory be to the Father, and to the Son, and to the Holy Spirit. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *Great are the works of the Lord, \* sought out according to all his wills.*  ***Ant.*** *Blessed is the man that feareth the Lord; \* he shall delight exceedingly in his commandments.*  *Psalm 111*  *1. Blessed is the man that feareth the Lord: he shall delight exceedingly in his commandments.*  *2. His seed shall be mighty upon earth: \* the generation of the righteous shall be blessed.*  *3. Glory and wealth shall be in his house: \* and his justice remaineth for ever and ever.*  *4. To the righteous a light is risen up in darkness: \* he is merciful, and compassionate and just.*  *5. Acceptable is the man that sheweth mercy and lendeth: he shall order his words with judgment: \* because he shall not be moved for ever.*  *6. The just shall be in everlasting remembrance: \* he shall not fear the evil hearing.*  *7. His heart is ready to hope in the Lord: his heart is strengthened, \* he shall not be moved until he look over his enemies.*  *8. He hath distributed, he hath given to the poor: his justice remaineth for ever and ever: \* his horn shall be exalted in glory.*  *9. The wicked shall see, and shall be angry, he shall gnash with his teeth and pine away: \* the desire of the wicked shall perish.*  *Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *Blessed is the man that feareth the Lord; \* he shall delight exceedingly in his commandments.*  ***Ant.*** *Blessed be the name of the Lord \* from henceforth now and for ever.*  *Psalm 112*  *1. Praise the Lord, ye children: \* praise ye the name of the Lord.*  *2. Blessed be the name of the Lord, \* from henceforth now and for ever.*  *3. From the rising of the sun unto the going down of the same, \* the name of the Lord is worthy of praise.*  *4. The Lord is high above all nations; \* and his glory above the heavens.*  *5. Who is as the Lord our God, who dwelleth on high: \* and looketh down on the low things in heaven and in earth?*  *6. Raising up the needy from the earth, \* and lifting up the poor out of the dunghill:*  *7. That he may place him with princes, \* with the princes of his people.*  *8. Who maketh a barren woman to dwell in a house, \* the joyful mother of children.*  *Glory be to the Father, to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *Blessed be the name of the Lord \* from henceforth now and for ever.*  ***Ant.*** *But our God is in heaven, \* he hath done all things whatsoever he would.*  *Psalm 113*  *1. When Israel went out of Egypt, \* the house of Jacob from a barbarous people:*  *2. Judea was made his sanctuary, \* Israel his dominion.*  *3. The sea saw and fled: \* Jordan was turned back.*  *4. The mountains skipped like rams, \* and the hills like the lambs of the flock.*  *5. What ailed thee, O thou sea, that thou didst flee: \* and thou, O Jordan, that thou wast turned back?*  *6. Ye mountains, that ye skipped like rams, \* and ye hills, like lambs of the flock?*  *7. At the presence of the Lord the earth was moved, \* at the presence of the God of Jacob:*  *8. Who turned the rock into pools of water, \* and the stony hill into fountains of waters.*  *9. Not to us, O Lord, not to us; \* but to thy name give glory.*  *10. For thy mercy, and for thy truth’s sake: \* lest the Gentiles should say: Where is their God?*  *11. But our God is in heaven: \* he hath done all things whatsoever he would.*  *12. The idols of the Gentiles are silver and gold, \* the works of the hands of men.*  *13. They have mouths and speak not: \* they have eyes and see not.*  *14. They have ears and hear not: \* they have noses and smell not.*  *15. They have hands and feel not: they have feet and walk not: \* neither shall they cry out through their throat.*  *16. Let them that make them become like unto them: \* and all such as trust in them.*  *17. The house of Israel hath hoped in the Lord: \* he is their helper and their protector.*  *18. The house of Aaron hath hoped in the Lord: \* he is their helper and their protector.*  *19. They that fear the Lord have hoped in the Lord: \* he is their helper and their protector.*  *20. The Lord hath been mindful of us, \* and hath blessed us.*  *21. He hath blessed the house of Israel: \* he hath blessed the house of Aaron.*  *22. He hath blessed all that fear the Lord, \* both little and great.*  *23. May the Lord add blessings upon you: \* upon you, and upon your children.*  *24. Blessed be you of the Lord, \* who made heaven and earth.*  *25. The heaven of heaven is the Lord’s: \* but the earth he has given to the children of men.*  *26. The dead shall not praise thee, O Lord: \* nor any of them that go down to hell.*  *27. But we that live bless the Lord: \* from this time now and for ever.*  *Glory be to the Father, to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *But our God is in heaven, \* he hath done all things whatsoever he would.*  *Chapter*  *2 Cor 6:1-2*  *Brothers, we exhort you, that you receive not the grace of God in vain. For he saith: In an accepted time have I heard thee; and in the day of salvation have I helped thee.*  *Thanks be to God.*  *Chapter*  *1 Thess 4:1*  *For the rest therefore, brethren, we pray and beseech you in the Lord Jesus, that as you have received from us, how you ought to walk, and to please God, so also you would walk, that you may abound the more.*  *Thanks be to God.*  *Chapter*  *Eph 5:1-2*  *Be ye therefore followers of God, as most dear children; And walk in love, as Christ also hath loved us, and hath delivered himself for us, an oblation and a sacrifice to God for an odour of sweetness.*  *Thanks be to God.*  *Chapter*  *Gal 4:22-24*  *Brothers: For it is written that Abraham had two sons: the one by a bondwoman, and the other by a free woman. But he who was of the bondwoman, was born according to the flesh: but he of the free woman, was by promise. Which things are said by an allegory.*  *Thanks be to God.*  *Hymn:*  *O Kind Creator*  *1. O kind Creator, bow thine ear To mark the cry, to know the tear*  *Before thy throne of mercy spent In this thy holy fast of Lent.*  *2. Our hearts are open, Lord, to thee: Thou knowest our infirmity;*  *Pour out on all who seek thy face Abundance of thy pardoning grace.*  *3. Our sins are many, this we know; Spare us, good Lord, thy mercy show;*  *And for the honour of thy name Our fainting souls to life reclaim.*  *4. Give us the self-control that springs From discipline of outward things,*  *That fasting inward secretly*  *The soul may purely dwell with thee.*  *5. We pray thee, Holy Trinity,*  *One God, unchanging Unity,*  *That we from this our abstinence May reap the fruits of penitence. Amen.*  *V. O God, Thou has commanded Thy angels concerning Thee.*  *R. That they may guard Thee in Thy ways.*  *Prayer {from the Proper of the season} for the Magnificat Antiphon, the Magnificat, and the Collect.*  *V. The Lord be with you.*  *R. And with your spirit.*  *V. Let us bless the Lord.*  *R. Thanks be to God.*  *V. May the souls of the faithful through the mercy of God rest in peace.*  *R. Amen.*  *Hymn: O Saving Victim*  *1. O Saving Victim, opening wide The gate of heav’n to man below; Our foes press on from every side; Thine aid supply, Thy strength bestow.*  *2. To thy great name be endless praise, Immortal Godhead, One in Three; O grant us endless length of days In our true native land with Thee. Amen.*  *Hymn: Tantum ergo*  *1. Therefore we, before him bending, This great Sacrament revere; Types and shadows have their ending, For the new rite is here; Faith, our outward sense befriending, Makes the inward vision clear.*  *2. Glory let us give, and blessing To the Father and the Son; Honor, might, and praise addressing, While eternal ages run; Ever too his love confessing, Who from both, with both is one. Amen.*  *V. You gavest them Bread from heaven.*  *R. Containing within itself all sweetness.*  *V. Let us pray. Lord Jesus Christ, you gave us the Eucharist as the memorial of your suffering and death. May our worship of this sacrament of your body and blood, help us to experience the salvation won for us and the peace of the kingdom, where you live with the Father and the Holy Spirit, one God, for ever and ever.*  R. Amen.  *Hymn:*  *Let us worship forever the most holy Sacrament. Ps. O praise the Lord, all ye nations: praise Him, all ye people. For His mercy is confirmed upon us: and the truth of the Lord remaineth for ever. Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.*  *Hail, Queen of heaven, hail Lady of the angels. Hail root and gate from which the Light of the world was born. Rejoice glorious Virgin, fairest of all. Fare thee well, most beautiful, and pray for us to Christ.*  *R. Make me worthy to praise you, O sacred Virgin.*  *V. Give me strength against your enemies.*  *V. Let us pray.*  *Grant, O merciful God, to our weak natures Thy protection, that we who commemorate the holy Mother of God may, by the help of her intercession, arise from our iniquities. Through the same Christ our Lord.*  *R. Amen.*  *V. May the divine assistance remain always with us.*  *R. Amen.*  ***Ant.*** *Behold, now is the accepted time \* behold, now is the day of salvation; in these days therefore let us approve ourselves as the ministers of God, in much patience, in fastings, in watchings, and in love unfeigned.*      *(Canticle of the Blessed Virgin Luke 1:46-55)*  *1. My soul (*) *\* doth magnify the Lord.*  *2. And my spirit hath rejoiced \* in God my Saviour.*  *3. Because he hath regarded the humility of his handmaid; \* for behold from henceforth all generations shall call me blessed.*  *4. Because he that is mighty, hath done great things to me; \* and holy is his name.*  *5. And his mercy is from generation unto generations, \* to them that fear him.*  *6. He hath shewed might in his arm: \* he hath scattered the proud in the conceit of their heart.*  *7. He hath put down the mighty from their seat, \* and hath exalted the humble.*  *8. He hath filled the hungry with good things; \* and the rich he hath sent empty away.*  *9. He hath received Israel his servant, \* being mindful of his mercy:*  *10. As he spoke to our fathers, \* to Abraham and to his seed for ever.*  *11. Glory be to the Father, and to the Son, and to the Holy Spirit.*  *12. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *Behold, now is the accepted time \* behold, now is the day of salvation; in these days therefore let us approve ourselves as the ministers of God, in much patience, in fastings, in watchings, and in love unfeigned.*  *Prayer (the Proper of the season)*  *R. The Lord be with you.*  *V. And with thy spirit.*  *R. Let us pray*  *O God, Who dost every year purge thy Church by the Fast of Forty Days, grant unto this thy family, that what things soever they strive to obtain at thy hand by abstaining from meats, they may ever turn to profit by good works.* *Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end.*  *V. Amen.* |

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| Second Sunday of Lent  Magnificat antiphon *Remain standing*  *Cantors: \* All:*    Magnificat  *Canticle of the Blessed Virgin - Luc. 1:46-55*  *Alternate verses Cantors and All*    *Cantor: \*Cantors:*  *Make the*  *sign of the cross.*      *All:*    2. Et exsultávit **spí**-ri-tus **mé**- us \* in Déo sa-lu- *ta-ri* **mé**- o.  3. *(Cantors)* Quia respéxit humilitátem an**cí**llæ **sú**æ: \*  ecce enim ex hoc beátam me dícent ómnes gene*rati***ó**nes.  4. Quia fécit míhi **má**gna qui **pó**tens est: \*  *(bow)* et sánctum *nómen* **é**jus.  5. *(rise)* Et misericórdia éjus a progénie **in** pro**gé**nies \*  timén*tibus* **é**um.  6. Fécit poténtiam in **brá**chio **sú**o: \*  dispérsit supérbos ménte *córdis* **sú**i.    7. Depósuit po**tén**tes de **sé**de, \*  et exal*távit* **hú**miles.  8. Esuriéntes im**plé**vit **bó**nis: \*  et dívites dimí*sit in***á**nes.    9. Suscépit Israel **pú**erum **sú**um, \*  Magnificat - Second Sunday of Lent  recordátus misericór*diæ* **sú**æ.  10. Sicut locútus est ad **pá**tres **nó**stros, \*  Abraham et sémini é*jus* *in* **sæ**cula.  11. *(bow)* Glória **Pá**tri, et **Fí**lio, \*  et Spirí*tui* **Sán**cto.  12. *(rise)* Sícut érat in princípio, et **nunc**, et **sém**per, \*  et in sæcula sæcu*lórum*. **A**men.  *All:*    Collect *(Remain standing)*  *Officiant:*  Dóminus vobíscum.  *All:* **Et cum spíritu túo.**  *Officiant:*  Orémus.  Deus, qui cónspicis omni nos virtúte destítui: intérius  exteriúsque custódi; † ut ab omnibus adversitátibus muniámur in córpore, \* et a pravis cogitatiónibus mundémur in mente. Per Dóminum nostrum Jesum Christum Fílium tuum: † Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: \* per ómnia sæcula sæculórum.  *All:* **Amen.**  *(Follow to Vespers conclusion pg 12)* |  |  | ***Ant.*** *Tell the vision that ye have seen to no man, \* until the Son of Man be risen again from the dead.*      *(Canticle of the Blessed Virgin Luke 1:46-55)*  *1. My soul (*) *\* doth magnify the Lord.*  *2. And my spirit hath rejoiced \* in God my Saviour.*  *3. Because he hath regarded the humility of his handmaid; \* for behold from henceforth all generations shall call me blessed.*  *4. Because he that is mighty, hath done great things to me; \* and holy is his name.*  *5. And his mercy is from generation unto generations, \* to them that fear him.*  *6. He hath shewed might in his arm: \* he hath scattered the proud in the conceit of their heart.*  *7. He hath put down the mighty from their seat, \* and hath exalted the humble.*  *8. He hath filled the hungry with good things; \* and the rich he hath sent empty away.*  *9. He hath received Israel his servant, \* being mindful of his mercy:*  *10. As he spoke to our fathers, \* to Abraham and to his seed for ever.*  *11. Glory be to the Father, and to the Son, and to the Holy Spirit.*  *12. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *Tell the vision that ye have seen to no man, \* until the Son of Man be risen again from the dead.*  *Prayer (the Proper of the season)*  *R. The Lord be with you.*  *V. And with thy spirit.*  *R. Let us pray*  *O God, Who seest that we have no power of ourselves to help ourselves, keep us both outwardly in our bodies, and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end.*  *V. Amen.* |

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| Third Sunday of Lent  Magnificat antiphon *Remain standing*  *Cantors: \* All:*      Magnificat  *Canticle of the Blessed Virgin - Luc. 1:46-55*  *Alternate verses Cantors and All*    *Cantor: \* Cantors:*  *Make the*  *sign of the cross.*    *All:*          2. Et exsultávit spí-ritus **mé**- us \* in Dé-o salu-*tá-ri* **mé**- o.  3. *(Cantors)* Quia respéxit humilitátem ancíllæ **sú**æ: \*  ecce enim ex hoc beátam me dícent ómnes gene*rati***ó**nes.  4. Quia fécit míhi mágna qui **pó**tens est: \*  *(bow)* et sánctum *nómen* **é**jus.  5. *(rise)* Et misericórdia éjus a progénie inpro**gé**nies \*  timén*tibus* **é**um.    6. Fécit poténtiam in bráchio **sú**o: \*  dispérsit supérbos ménte *córdis* **sú**i.  7. Depósuit poténtes de **sé**de, \*  Magnificat - Third Sunday of Lent  et exal*távit* **hú**miles.   8. Esuriéntes implévit **bó**nis: \*  et dívites dimí*sit* *in***á**nes.  9. Suscépit Israel púerum **sú**um, \*  recordátus misericór*diæ* **sú**æ.  10. Sicut locútus est ad pátres **nó**stros, \*  Abraham et sémini é*jus in* **saé**cula.  11. *(bow)* Glória Pátri, et **Fí**lio, \*  et Spirí*tui* **Sán**cto.  12. *(rise)* Sícut érat in princípio, et nunc, et **sém**per, \*  et in sæcula sæcu*lórum.* **A**men.  *All:*      Collect *(Remain standing)*  *Officiant:*  Dóminus vobíscum.  *All:* **Et cum spíritu túo.**  *Officiant:*  Orémus.  Quæsumus omnípotens Deus, vota humílium réspice: † atque ad defensiónem nostram, \* déxteram tuæ majestátis exténde. Per Dóminum nostrum Jesum Christum Fílium tuum: † Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: \* per ómnia sæcula sæculórum.  *All:* **Amen.**  *(Follow to Vespers conclusion pg 12)* |  |  | ***Ant.*** *A certain woman of the company lifted up her voice and said: \* Blessed is the womb that bare thee, and the paps which Thou hast sucked. But Jesus said unto her: Yea, rather, blessed are they that hear the word of God, and keep it.*      *(Canticle of the Blessed Virgin Luke 1:46-55)*  *1. My soul (*) *\* doth magnify the Lord.*  *2. And my spirit hath rejoiced \* in God my Saviour.*  *3. Because he hath regarded the humility of his handmaid; \* for behold from henceforth all generations shall call me blessed.*  *4. Because he that is mighty, hath done great things to me; \* and holy is his name.*  *5. And his mercy is from generation unto generations, \* to them that fear him.*  *6. He hath shewed might in his arm: \* he hath scattered the proud in the conceit of their heart.*  *7. He hath put down the mighty from their seat, \* and hath exalted the humble.*  *8. He hath filled the hungry with good things; \* and the rich he hath sent empty away.*  *9. He hath received Israel his servant, \* being mindful of his mercy:*  *10. As he spoke to our fathers, \* to Abraham and to his seed for ever.*  *11. Glory be to the Father, and to the Son, and to the Holy Spirit.*  *12. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *A certain woman of the company lifted up her voice and said: \* Blessed is the womb that bare thee, and the paps which Thou hast sucked. But Jesus said unto her: Yea, rather, blessed are they that hear the word of God, and keep it.*  *Prayer (the Proper of the season)*  *R. The Lord be with you.*  *V. And with thy spirit.*  *R. Let us pray*  *We beseech thee, Almighty God, look upon the hearty desires of thy humble servants, and stretch forth the right hand of thy Majesty, to be our defence against all our enemies. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end.*  *V. Amen.* |

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| Fourth Sunday of Lent  Magnificat antiphon *Remain standing*  *Cantors: \* All:*    Magnificat  *Canticle of the Blessed Virgin - Luc. 1:46-55*  *Alternate verses Cantors and All*    *Cantor: \*Cantors:*  *Make the*  *sign of the cross.*      *All:*    2. Et exsultávit **spí**-ri-tus **mé**- us \* in Déo sa-lu- *ta-ri* **mé**- o.  3. *(Cantors)* Quia respéxit humilitátem an**cí**llæ **sú**æ: \*  ecce enim ex hoc beátam me dícent ómnes gene*rati***ó**nes.  4. Quia fécit míhi **má**gna qui **pó**tens est: \*  *(bow)* et sánctum *nómen* **é**jus.  5. *(rise)* Et misericórdia éjus a progénie **in** pro**gé**nies \*  timén*tibus* **é**um.  6. Fécit poténtiam in **brá**chio **sú**o: \*  dispérsit supérbos ménte *córdis* **sú**i.    7. Depósuit po**tén**tes de **sé**de, \*  et exal*távit* **hú**miles.  8. Esuriéntes im**plé**vit **bó**nis: \*  et dívites dimí*sit in***á**nes.  9. Suscépit Israel **pú**erum **sú**um, \*  recordátus misericór*diæ* **sú**æ.  10. Sicut locútus est ad **pá**tres **nó**stros, \*  Magnificat - Fourth Sunday of Lent  Abraham et sémini é*jus* *in* **sæ**cula.  11. *(bow)* Glória **Pá**tri, et **Fí**lio, \*  et Spirí*tui* **Sán**cto.  12. *(rise)* Sícut érat in princípio, et **nunc**, et **sém**per, \*  et in sæcula sæcu*lórum*. **A**men.  *All:*    Collect *(Remain standing)*  *Officiant:*  Dóminus vobíscum.  *All:* **Et cum spíritu túo.**  *Officiant:*  Orémus.  Concéde, quæsumus omnípotens Deus: † ut, qui ex mérito  nóstræ actiónis afflígimur, \* tuæ grátiæ consolatióne respirémus. Per Dóminum nostrum Jesum Christum Fílium tuum: † Qui tecum vivit et regnat in unitáte Spíritus Sancti, Deus: \* per ómnia sæcula sæculórum.  *All:* **Amen.**  *(Follow to Vespers conclusion pg 12)* |  |  | ***Ant.*** *And Jesus went up into a mountain, \* and there He sat with His disciples.*  *(Canticle of the Blessed Virgin Luke 1:46-55)*  *1. My soul (*) *\* doth magnify the Lord.*  *2. And my spirit hath rejoiced \* in God my Saviour.*  *3. Because he hath regarded the humility of his handmaid; \* for behold from henceforth all generations shall call me blessed.*  *4. Because he that is mighty, hath done great things to me; \* and holy is his name.*  *5. And his mercy is from generation unto generations, \* to them that fear him.*  *6. He hath shewed might in his arm: \* he hath scattered the proud in the conceit of their heart.*  *7. He hath put down the mighty from their seat, \* and hath exalted the humble.*  *8. He hath filled the hungry with good things; \* and the rich he hath sent empty away.*  *9. He hath received Israel his servant, \* being mindful of his mercy:*  *10. As he spoke to our fathers, \* to Abraham and to his seed for ever.*  *11. Glory be to the Father, and to the Son, and to the Holy Spirit.*  *12. As is was in the beginning, is now, and ever shall be. Amen.*  ***Ant.*** *And Jesus went up into a mountain, \* and there He sat with His disciples.*  *Prayer (the Proper of the season)*  *R. The Lord be with you.*  *V. And with thy spirit.*  *R. Let us pray*  *Grant, we beseech thee, Almighty God, that we who for our evil deeds are worthily punished, may, by the comfort of thy grace, mercifully be relieved. Through Jesus Christ, thy Son our Lord, Who liveth and reigneth with thee, in the unity of the Holy Ghost, ever one God, world without end.*  *V. Amen.* |