1. O tongue, sing the mystery of the glorious body, and of the precious blood, which, as price for the world, the Fruit of the generous womb, the King of the peoples shed.

2. The One given to us, born to us from the untouched Virgin, and Who lived in the world, the seed of the word having been spread, the time of his dwelling He closed in an admirable order.

3. In the final night at the supper, reclining with [His] brethren, with the law having been fully observed in foods according to the law, He gave himself as food to the group of Twelve with his own hands.

4. The Word-made-flesh makes, by a word, true bread flesh: and the [pure] wine becomes the blood of Christ; and if perception falls short, for the strengthening of the sincere heart faith alone suffices.

5. Therefore such a great Sacrament let us venerate with bowed heads: and let the ancient teaching give way to the new rite: let faith supplement the incapacity of the senses.

6. To the Begetter and to the Begotten praise and jubilation, salvation, honor, and virtue and also benediction let there be; to the One proceeding from both let there be an equal praising.

Source: Parish Book of Chant
CMAA 2012
http://musicasacra.com/pbc/