

ALMA REDEMPTORIS MATER

Kind mother of the Redeemer,
who remain the open gate of heaven and the star of the sea:
help your falling people who want to rise,
you who bore your holy Parent, while nature marveled:
a Virgin before and after, receiving that 'Ave' from Gabriel's mouth,
have mercy on [us] sinners.
Let us worship forever the most holy Sacrament.

Source: Parish Book of Chant
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<http://musicasacra.com/pbc/>